



IRVING RECREATION CENTER

Camp Challenge

SUMMER DAY CAMP 2010

WEEK 6: JULY 12-16

HEALTHY LIVING EVALUATION PROJECT

Please consider taking a moment to complete the *Consent Form* to grant or decline your child permission to participate in the healthy living program evaluation. More information is included with the form at the front counter and can be found online on the Irving Day Camp webpage. **Please complete the form by Friday, July 16.**

FOOD DRIVE COMPETITION

Please help support the Food Bank of Lincoln by bringing in canned food. When you bring your item(s), place them in the appropriate basket (boy or girl) to be counted for the competition.

Overnight Lock-in and Pool Party!

All Camp Challenge campers who are registered for Week 6 are invited to attend Irving Day Camp's 12th Annual Overnight Lock-in on Friday, July 16, at no additional cost! Campers will leave the rec. center as usual at the end of the day and return at 7 p.m. We will eat pizza, have a private party at Irvingdale Pool, play games, watch movies, stay up late, and eat doughnuts for breakfast. Boys will sleep in one room with male staff and girls will sleep in another room with female staff. Campers need to be picked up by 8 a.m. Saturday. If you would like to drop off or pick up your child at different times, please let us know in advance. Please sign up at the front counter no later than Thursday, July 15, if your child will be attending.

Daily Schedule

Monday July 12

Healthy Lifestyles Day!

In the morning we will be doing active games in the gym and outside. In the afternoon campers will be learning about healthy lifestyles while participating in small group activities.

Tuesday July 13

Tennis and Disc Golf Day!

In the morning we will be doing active games in the gym and outside. In the afternoon campers will be taking tennis lessons on the tennis courts next to the center. Campers will also participate in disc golf and indoor activities.

Wednesday July 14

Roper Disc Golf Park Field Trip!

In the morning we will be doing active games in the gym and outside. At 1:30pm we will be leaving the center to go to Max E. Roper Disc Golf Park by N 3rd Street and I-80. We will be back to the center by 4:00pm.

Thursday July 15

Swimming and Tennis Day!

In the morning we will be doing active games in the gym and outside. We will walk to Irvingdale Pool at 1900 Van Dorn St. We will leave the center at 11:20am and return at 1:10pm. Don't forget to bring a swimming suit, towel, and sunscreen! In the afternoon the campers will participate in tennis and small group activities.

Friday July 16

Swimming and Movie Day!

In the morning we will be doing active games in the gym and outside. We will walk to Irvingdale Pool at 1900 Van Dorn St. We will leave the center at 11:20am and return at 1:10pm. Don't forget to bring a swimming suit, towel, and sunscreen! In the afternoon we will be watching a movie.

441-7954
parks.lincoln.ne.gov

